

## RSOBHD 2020 CHAMPIONSHIP STEPS

<b>FLING</b>	7 & under 12 years 1st Step: Shedding 2nd Step: First Back-Stepping 7th Step: Double Shake and Rock 8th Step Alternative: Last Shedding	12 & under 16 years 1st Step: Shedding 2nd Step: First Back-Stepping 4th Step: Rocking 5th Step Alternative: Second Back-Stepping 7th Step: Double Shake and Rock 8th Step Alternative: Last Shedding	16 years & over 1st Step: Shedding 5th Step Alternative: Second Back-Stepping 4th Step Alternative: Shake and Turn 6th Step 5th Alternative: Crossover with Shake and Low Cut 7th Step: Double Shake and Rock 8th Step Alternative: Last Shedding
<b>SWORD</b>	Intro: 6 count bow and rise 1st Step: Addressing the Swords 4th Step: Pointing 7th Step: Open Pas de Basque Quick Step	Intro: 6 count bow and rise 1st Step: Addressing the Swords 2nd Step: Open Pas de Basque 7th Step: Open Pas de Basque Quick Step 8th Step Alternative: Crossing and Pointing	Intro: 6 count bow and rise 1st Step: Addressing the Swords 2nd Step: Open Pas de Basque 7th Step Alternative: Open Pas de Basque Quick Step 8th Step Alternative: Crossing and Pointing
<b>SEANN TRIUBHAS</b>	Intro: Basic 1st Step Alternative: Brushing 2nd Step: Side Travel 4th Step: Backward Travel 13th Step: Shedding with Back-Step Finish: Entrechat Method 3	Intro: Basic 1st Step Alternative: Brushing 2nd Step: Side Travel 3rd Step Alternative: Diagonal Travel 4th Step: Backward Travel 14th Step: Toe-and-Heel, and Rock 13th Step: Shedding with Back-Step Finish: Entrechat Method 3	Intro: Basic 1st Step Alternative: Brushing 2nd Step: Side Travel 3rd Step: Diagonal Travel 4th Step Alternative: Backward Travel 14th Step: Toe-and-Heel, and Rock 13th Step: Shedding with Back-Step Finish: Entrechat Method 5
<b>STRATHSPEY and REEL OF TULLOCH</b>	Intro: Alternative Ending: 1st Alternative Setting Steps: 2nd Step: First Back-Stepping 3rd Step: Toe-and-Heel Highland Reel ending: assemble change 3rd Step: Balance and Pas de Basque Last Step: High Cutting	Intro: Alternative Ending: 2nd Alternative Setting Steps: 5th Step: Second Back-Stepping 3rd Step: Toe-and-Heel Highland Reel ending: assemble change 5th Step: High Cuts and Spring Points (4 times) Last Step: High Cutting	Intro: Alternative (bow with arms by side) Ending: 2nd Alternative Setting Steps: 5th Step: Second Back-Stepping (Bar 1: 1 2& 3 4) 3rd Step: Toe-and-Heel Highland Reel ending: 8 Highland Reels 5th Step: High Cuts and Spring Points (4 times) Last Step: High Cutting

## ABHDI CHAMPIONSHIP RULES

1. This competition is registered with (insert State/Regional competition number and ABHDI championship number) and will be conducted under the rules and conditions as set down by RSOBHD and as adopted by ABHDI.
2. Teachers, interested parties or any other unauthorised person must not communicate with Judges during the Championships. All enquiries to the official table.
3. A competitor who has taken part in any so called Championship not recognised by the Board or any person who has acted as a judge at such an event, shall be ineligible to compete or judge in any recognised Championship or Competition under RSOBHD rules until given permission to do so by the Board. Such permission may be withheld for as long as a Board may decide.
4. According to RSOBHD rules, there must be at least six entries in advance of the competition date, and at least six of these must take part on the day for the Championship to go ahead. In the event of less than six competitors dancing in any one championship, section will be danced but the Championship will not be recognised. No certificate, trophy or sash will be presented, but individual prize money will be paid.
5. Competitors do not have to remain in the marshalling area but must return for the correct order of ballot. The onus is on the competitor to return in time for the correct order of ballot. (ABHDI Technical 5/10/85 P 3 ratified ABHDI 6/10/85 P 8).
6. Any complaint made by an individual against the organisation or adjudication of an event, must be made in writing giving the complainants full name and address, and shall be lodged with the Organiser, if possible, on the day of the event, certainly not later than 48 hours after the event. Such complaint to be accompanied by a fee as determined by the ABHDI which is refundable if protest upheld.
7. All placegetters in Championships are to be dressed in **KILT** for trophy presentation.
8. Judges' decision is final and no correspondence will be entered into.
9. With the advent of electronic recording equipment there be no restrictions on the usage of electronic recording equipment provided permission is obtained from the organisers and judges and it does not interfere with the smooth organisation of the competition/premiership or in any way restrict the view of the judge/s.
  - a. Following the awards parents may photograph their own child or others with parental permission but be highly aware that there must not be other children in shot whose privacy must be protected.
  - b. (If applicable) As organisers of this event, we plan to photograph winning competitors for the purpose of posting on our Website or Facebook page. Please indicate if you wish to opt out of this process.
  - c. That judges and organisers should bear in mind that the judge's decision is final and cannot be subjected to an electronic recording equipment replay.
10. Child protection/Well-being of Dancers. All participants will seek to ensure the health & well-being of the dancer at all times. Organisers will have a child protection policy, adhere to national child protection policy, provide a safe environment, and suitable programming of events to ensure sufficient recovery time for the dancers.